



**5 AIR CADET SQUADRON  
WARM WEATHER SURVIVAL  
2005 - 2006**



Materials to be Brought by the Cadets on **Warm** Weather Survivals

Change of Clothing

Ankle Boots

Running Shoes

Socks, 4 pairs

Underwear, 4 pairs

Pyjamas

Towel and facecloth

Toiletries (soap, shampoo, toothpaste, toothbrush, shaving equipment, etc.)

Sunscreen

Bug Repellent

Chap stick

Sleeping Bag

Garbage Bag (to protect inside of bag)

Solid Bag (Ruck Sack or hiking backpack => **DO NOT BRING AIRLINE LUGGAGE**)

Each cadet may also bring:

Flashlight

Canteen

Combat type clothing (only if you have it. Don't buy it for the sole purpose of this ex.)

**FORBIDDEN EQUIPMENT**

Knives or other weapons

Food (Rations will be plentiful)

Personal radios / CD Players / Walkman, etc

Drugs, alcohol or other illegal substances

**Note:** Prescription medication **MUST** be declared to the Medical Officer at the start of the exercise.

**Bigger Note:**

ANY CADET CAUGHT WITH ANY OF THE FORBIDDEN EQUIPMENT ABOVE  
WILL NOT BE PERMITTED TO PARTICIPATE IN THE EXERCISE AND WILL BE  
RETURNED HOME AT THE PARENT'S EXPENSE.

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